

Take A

Flight

A Handbook For Legible Handwriting



PREETI JAISWAL

Take a Flight

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Take a Flight

(A handbook for legible handwriting)

Preeti Jaiswal

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With deep gratitude

Preeti



About This Handbook

To parents, teachers and special educators

‘Take a flight’ is a structured and systematically designed handbook which will make your child to write legibly.

Play and hands on activities are the most popular ways to enhance learning among children of all age. A lot of movements integrated with activities/games provide the best opportunity for most effective learning experience.

This handbook has more than 150 strategies, activities and games which will motivate your child to master the manuscript in a fun and meaningful way.

Highlights:

- Beneficial for children with special needs.
- Help children to:
 - strengthen their fine motor skills;
 - control their hands movements;
 - develop eye–hand coordination;
 - gain attention and increase concentration;
 - enhance receptive and expressive language skills;
 - strengthen cognitive abilities and
 - improve visual and auditory perceptual skills.
- Beneficial for parents and educators to prepare lesson plans for writing skills.



About The Author



Preeti is a rehabilitation therapist who is working with children since 9 years. She resides in New Delhi and is working in a reputed school as a special educator. She holds a Bachelor's degree in rehabilitation therapy from National Institute for mentally handicapped. She is also having qualification to deal with adolescences. She is also associated with NGOs, and there, she trains children with special needs. Since school days, she has a strong desire to devote her life for the human well-being. She has been supported for the same by her family. While working with the children, she decided to provide a readymade platter for the parents and teachers so that they can help their children at home after the school/therapy sessions.

She believes that children learn in the way they want to learn. So, it is better to teach them in the way they want.

APPENDIX



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An Introduction: Learning To Write



Writing is an everyday activity for us. It may seem simple but actually is one of the most complex activities that humans engage in. It involves motor, perceptual and language skills. It is not surprising that learning to write is a process that takes years in the developmental age of a child.

Children start creating some random lines on their own. For a child, writing begins with scribbling. Scribbling is the most enjoyable activity for young children. The coordination of holding a pencil on the paper and making a mark on it by applying adequate pressure gives a sense of achievement among the children.

At the age of 3 or 4 years, children begin to practice writing. At this age, children start formal schooling and are exposed to a variety of hand activities, movements and begin to follow formal handwriting curriculum. They start with making lines and simple pictures. They learn to write letters, which may begin with imperfection, and gradually learn to combine letters together to form a word by the age of 3–4 years. They may comfortably write recognizable letters and learn to write their names first. In the school, they continue to learn to read and develop an understanding of how words work. They also learn to group letters to form words and gradually words to make a sentence. That is why, it is

important to establish a meaningful link between words and their meaning.

The association between words and their meaning may be established by using pictures. This small practice of making association leads to picture reading. Gradually, they start naming letters and also learn their phonic sounds. After learning phonic, children try to join letters and try to read words that they see around. At this time, they begin to enjoy books, comics, picture story books and magazines. They attempt to read those books and feel proud for themselves. It shows that they understand the connection between the sounds they hear and the words they see. This is how they learn to read and write.

Eventually with practice and formal schooling, by the end of 6–7 years, the children learn to write as per the convention of the language (e.g. from left to right for English and Hindi, from right to left in Arabic etc.), understand the difference between upper and lower cases, the need to maintain adequate spacing between words and importance of usage of correct spelling.

Gradually with support of teachers and parents, children learn to write legibly and practice to write in cursive. This is how they acquire and use handwriting in daily lives.

Importance of handwriting

In our advance society and machinery age, we are using variety of apps and gadgets. We are using keyboards and touch screens, but still children need to learn writing by hand. It is a functional tool which allows children or adults to put ideas on paper, effortlessly and fast. All of us use our handwriting to give exams, doing class room work and homework, for making important points, jotting down shopping list, writing letters or birthday cards, for filling up forms and more.

Importance of handwriting skills:

Handwriting skills are very important from school to college students. It provides educational benefits. Handwriting helps them to express their thoughts. For writers, poets and journalists, handwriting is a best skill and mode by which they serve many cognitive and creative writing benefits. In other words, they use their pens and skill of handwriting to flow their creative ideas.

Take a Flight-A handbook for legible handwriting

During brainstorm, it is very difficult to go paper free and opt for writing gadgets; that time, handwriting helps us to move freely. Handwriting is also a clear reflection of our personality. Handwriting and manuscript also shows the richness and spark of culture of different places.

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You may reach author at:
✉ preeti.kalp@gmail.com

