

FEARLESS
INDIAN

CONQUER
FEAR
Everyday

JAKKA PRADEEP

Fearless Indian

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Fearless Indian

By

Jakka Pradeep

Dedicated to...

This book is dedicated to the whole team of the short film 'RAAH' for their outstanding performance.

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My Declaration to Become a Fearless Indian

“Life is Tough. Tough times never last. But enduring tough times is Fearlessness. Hence I am deciding to face the adversities of life with fearlessness and break the obstacles that life throws at me. I am powerful and confident enough to shake the roots of suffering and overcome the barriers of misery. I believe in me and I dare to exercise the power of choice. I can master my mind to become a fearless Indian. I will always work on my mind and I will strengthen the habit of fearless living. I always dream big and I have the courage to face failure in life. Sky is not the limit for me. I always aim for stars. It doesn't matter even I fail, because I am a lifelong learner interested to create a page in the world history. I am a hero. I am an achiever and I am a fearless Indian.”

- Author

“Dare to be free. Dare to go as far as your thought leads, and dare to carry that out in your life.”

- Swami Vivekananda



Words of Fearless Indian

*“When my life is tough,
Don't say ‘Why me...?’
But always say ‘Try me...?’*

*“Even if I lose everything in life,
One thing remains always...
That is my future.”*

*“Lacks of miseries may attack me...
Let the whole world leave me...
Let miseries sink me...
Even the God of death may stand before me...
I am a warrior!
And
I am a fearless Indian!”*

*“Seas without tides don't
make an efficient navigator.*

*Men without problems are unable to
improve the skills of life.
Problems always reveal ability.”
“Genius has the capacity to bear infinite pains.”*



Invitation to live a Fearless Life

“With fear, growth in life is not possible.

Without fear, goals in life can be achieved.

With fear, life will become lifeless.

Without fear, all the suffering in life disappears.

With fear, life is a net catching the moments of suffering.

Without fear, life is an art of bliss.

Fear is bondage.

Fearlessness is enlightenment.

To succeed in life, practice fearlessness.

Great life is possible without fear and this is an invitation to everyone.”

- Author

“They only live who dare.”

- Lewis Morris



Dare to be...

When a day begins, dare to smile gratefully.

When there is darkness,

Dare to be the first in shine.

When there is injustice,

Dare to be the first to condemn it.

When something seems difficult,

Dare to do it anyway.

When life seems to beat you down

Dare to fight back.

When there seems to be no hope,

Dare to find someone.

When you are feeling tired,

Dare to keep moving.

When times are tough

Dare to be tougher.

When love hurts you,

Dare to love again.

When someone is Hurting,

Dare to help them find a way.

When a friend falls,

*Dare to be the first to extend a hand.
When you cross paths with another,
Dare to a make them smile.*

*When you feel great dare to
Help someone else feel great to.
When the day has ended,
Dare to feel as you've done your best.
Dare to be best you can."*

- Steve Maraboli



Preface

Personally, I love young minds. But increase of stress in our educational system, fear in students is also increasing. Stress of students starts from 9th class, increases in intermediate and continues till graduation. Parents, teachers, and college management are making students as Reading machines.

In pursuit of academics, many students are neglecting to develop innovative ideas, communication skills, commonsense, physical fitness and most importantly life skills. But they have good text book knowledge, which is not saving them from problems and fears facing in their life. Unable to solve their conflicts, they are disturbing mentally.

Among all the countries of the world America, China and India will be the future leaders. But India has more youth population when compared to America and China. In India, one individual among five people is in between the age group of 15 -24. 66 percent of the total population is below the age group of 35. In reference to the 2011 censuses, 46.4 crores of population is in between the age group of 15 and 34. It is expected that, in 2020, the average age of an Indian will be 29 years. Due to this enormous increase in young population, yearly, labor force rises by eight percent and Gross Domestic Product (GDP) will hike by two percent. The age of average Indian is 25.2 percent. In china, the average age is 34.5 percent. The national median age of America was 37.8 years in 2015.

But I am worried about the suicide incidents taking place in my country. VJ Niroshi, a video Jakee,

Prathusha Benerjee, a Television Actress, Shika Joshi, a model, Sai Prasanth, a Kollywood Actor and a Choreographer, Bharath committed suicides recently.

According to our Central Minister Ahir Hansraj Gangaram, yearly 1.30 lacks of people are committing suicide. It includes more than eight thousand students. Nearly four lacks of people committed suicides in between the years 2012 – 14. In them, men committed suicides are 2.68 lacks in number and 1.33 lacks are women.

These statistics are indicating the increase of fear in my country. People are neglecting Life Skills and they are competing for IIT and Medical Ranks, chasing money and eventually failing in their life.

This book is a small attempt to empower Indians and I am encouraging them to live a Fearless Life. Even though the principles written in the book are universal, as an Indian I emphasize the people of India to live a Fearless life.

“Life shrinks or expands in proportion to one’s courage.”

- Anais Nin

FEARLESS INDIAN

"Fear is death, fear is sin, fear is hell, fear is unrighteousness and fear is wrong life. All negative thoughts and ideas that are in the world have proceeded from this evil spirit of fear."

- Swami Vivekananda



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