



*A MYSTICAL
MAJESTY*

THE WOMAN

Ruchika Rastogi

A Mystical Majesty-
The woman...

Publishing-in-support-of,

FSP Media Publications

RZ 94, Sector - 6, Dwarka, New Delhi - 110075
Shubham Vihar, Mangla, Bilaspur, Chhattisgarh - 495001

Website: *www.fspmedia.in*

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ISBN: 978-81-19927-77-7

Price: ₹ 270.00

The opinions/ contents expressed in this book are solely of the author and do not represent the opinions/ standings/ thoughts of Publisher

Printed in India

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About The Author



The author of this book is a Post Graduate in English subject and has a specialization degree as Bachelors in Education along with Diploma in Hearing Language and Speech. This is a professional degree as a One year course in speech therapy for the individuals who have speaking and conversation problems either by birth or have developed the same during developing years.

The author has an experience of 4 years in treating children and adults with stammering, misarticulation, delayed speech and language along with people who can't hear and have cochlear implant. This practice has provided the author an insight about the experiences, problems and issues of such people which in turn has inspired her to deal life enthusiastically and optimistically even with challenges.

Along with speech therapy practice, the author has been working as a teacher in

primary school, which has enhanced her understanding about the children's behavior, learning and performances. This knowledge of the author is enhanced by the foundation of child development study been undertaken in Lady Irwin College, Delhi University in her graduation years.

All these qualifications and practices have generated the author's interest in accomplishing her tasks creatively with variant approaches towards any kind of problem solving issues. She is a staunch supporter of a philosophy saying that 'learning is a continuous process in life' and she has tried to imbibe this philosophy in all her writings including this book. Through this book she anticipates that all the readers will be inspired from her thoughts and will also deal life with great enthusiasm and zeal as she has been practicing.

I thank Miss Anu Sharma, Research Scholar, Lady Irwin College, Delhi University, for writing about the author section so nicely and beautifully.

- **Ruchika Rastogi**

About The Book



The book is about a journey of a girl .How she undergoes transformation at each stage of her life? How she tackles her problems and comes out to be a winner? Why being a girl is a blessing in disguise? Are some of the many issues that are discussed in this book. The whole book is divided into 9 units.

Unit-1 consists of 3 chapters in which I have tried to put forward the ways in which a girl looks at life, what's her point of view.

Unit-2 has 2 chapters when she is thinking about her strengths - just before getting married.

Unit-3 consists of again 1 chapter when she's becoming a mother. It includes her joys, her pains and her various emotional expressions.

Unit-4 consists of 3 chapters which portrays the expressions of her li'l baby in various situations and her reactions to them.

Unit-5 consists of 1 chapter which shows her child entering adulthood and the varying levels of maturity at both ends.

Unit-6 consists of 4 chapters which try to express the conflicting situations between the parent and a child. And how in a precise and friendly manner those issues can be settled and agreed upon. The set of instructions that can be very fruitful for a balanced relationship.

Unit -7 consists of a chapter when the child is old enough to be bonded in a nuptial knot. The proud mother is now quite satisfied with her gratifying journey and is just interested in enjoying the moment. The load of responsibilities and the level of maturity is again reflected upon.

Unit-8 consists of a chapter where the arrival of grandchild makes the occasion very auspicious as well as once again the thrill, the excitement enters in the lives of people. How the woman is experiencing and welcoming this new emotion. Her perception about herself, towards her new life is the focus of this unit.

Unit-9 shows the woman in a relaxed and contented frame of mind. She has witnessed

so many emotions, so many circumstances and various transformations- From a Daughter - wife - mother - grandmother. From a Girl - woman (who matured gradually)

And at each stage, she had done various adjustments so as to make her both families happy and prosperous. Thus, proved herself to be a super woman in certain situations.

Incidentally, she now has no unfulfilled desires and is ready to meet God, if it happens, with peace.

Hats off to the woman.

Unit-10 has a short summary of the various events that have occurred in a woman's life.



Dedication



**I want to dedicate this book to
THE LORD,
MY PARENTS
and
MY KIDS.**

Acknowledgements



LORD, who made me what I am today, and got me the best family and parents.

MY PARENTS, Mr. Puneesh Rohatgi, and Late Mrs. Nirmala Rohatgi, my backbone, given me enough, taught me enough, and made me solely responsible for my words, decisions and life.

Their values, facilities and surroundings have been the pushing force behind my actions today. I wished to write this in front of my mother, but unfortunately, things didn't work out that way, even though I still feel, her hand is always there behind me in every facet of life. This is for you mumma. My father will be undoubtedly happy to see his little daughter inking a book. Solely indebted for providing this wonderful life.

MY HUSBAND, Mr. Sulabh Rastogi, as he has been the one bringing out the

transformations in me. His love, care and unconditional support in all corners of life, has enriched my understanding of life in many ways. He shall be enthralled and proud, upon receiving a copy of the book.

MY BROTHER, Mr. Ankur Rohatgi, always supported and motivated me in this endeavor by providing inputs and co-operating in the hours of need.

My lovely kids, Shreyas and Shreya, who became my and my husband's first priority after they were born, they both completed our family and are providing the lovable zeal, to our mid-life transformations.

Mr. Ashok Arora, for encouraging and putting words for my book. His down to earth persona, made me overcome the shivers, and filled me with praises for him and his humility. I truly am indebted to him, for taking moments out of his busy schedule for writing the FOREWORD of this book, Thank you Sir.

Not to forget my bhabhi, Mrs. Shruti Gurha Rohatgi, my aunts, Mrs. Shobha Narayan, Mrs. Reena Gupta, for providing the valuable ear and experience for my

double minded thoughts, and guiding me for a better understanding through their own experiences and wisdom.

My Father in law, Late Dr. S.V. Rastogi, My Mother in law, Late Punita Rastogi, who had praised me, and gave me wisdom beyond my years of experience.

My Sister in law, Mrs. Saloni Rastogi, My Brother in law, Mr. Manoj Rastogi, have always supported in my endeavors, and given me timely advice and co-operation, for which I am always obliged.

Life without friends is incomplete, Mrs. Anu Sharma, who has contributed for the book, by taking few moments of her busy schedule.

All my uncles, aunts, and cousins, have always wished me the best in life. A special thanks to Mr. Girish, Mrs. Archana, Mr. Ashok, Mrs. Vimlesh, Mr. Anup, Mrs. Deepa, Mrs. Promila, Mrs. Kamlesh Mrs. Manju and Mr. Ramesh. They and everyone in the family, provided me with different facets and understanding of life in their own capabilities.

I wish to thank my alma mater, SRDAV Public School, Dayanand Vihar, Delhi, for inculcating and directing me throughout with lovable teachers and friends, and especially our principal, Mrs. Renu Laroia, and incharge, Mrs. Indu Kakria, who have provided me encouragement and support throughout.

And not to forget, My Lovable grandparents, Late Lala K.G. Rohatgi, Late Smt. Promila Rohatgi, Late S.P. Rustagi, Late Draupadi Rustagi, without whom the family would not be possible. My grandfather Late Mr. K.G. Rohatgi, from whom I might have inherited fondness for writing, was an excellent writer himself and was a leading figure in the entire family.

Thank you all.



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ISBN 978-81-19927-77-7



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