

DEAR LADY...!

LET YOUR HOME

BE HEAVEN

DR. A. MARIA THERESA

Dear Lady..! Let Your
Home Be Heaven

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*Dear Lady..!
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Dr. A Maria Theresa

About The Author

Born in Kanyakumari district, India, Dr. A. Maria Theresa M.A, M.Ed, MPhil, P.G.Dip., Ph.D., has 25 years of teaching experience. She is a Gold Medalist in M.Ed. and has a Doctorate in Child Care. She was awarded the title 'Awareness Creator' by the catholic Arts and Literature Committee of Madurai. She is a passionate writer and has been contributing to as many as eight weekly and monthly journals in South India, thereby influencing thousands of readers. Till now five of her books in Tamil have been published and well received. Her primary target is to reach out to a multitude of people around the globe to enlighten the women and younger generations.



About The Book

A girl does many roles in her lifetime - that of a daughter, sister, wife, daughter-in-law, mother, grandmother, and so forth. The duties and responsibilities at different stages are aplenty and different. Many do not live a life appreciated by parents, relatives, the society and even themselves. Causes and probable solutions for the setbacks are discussed in detail in this book.

This book essentially targets all the women and their families. The various suggestions indicated in this book are derived from experiences felt and ingested. This is a must-read for all women, to enable them to lead a harmonious way of life.

This book was originally published in Tamil. What you have in hand is the English version of the same for a wider audience to read and reap the benefits this book aims it. Happy Reading!



Acknowledgement

‘Women are the eyes of a country’. ‘Women are the household lamps that radiate light’. True, as long as they remain ideal.

Goodness thrives and evil gets defeated because of a woman. How far is this true and accurate? It would not be sufficient if women alone say a resounding “Yes” in unison. The entire society needs to voice this out! But is the modern day woman living this kind of life? Doesn’t the society’s skepticism sound genuine?

Like how every creation in Nature has more than one dimension, the unique creation called “woman” has multiple aspects and dimensions. A woman has to showcase her multi-dimensional persona of being a daughter, sister, daughter-in-law, worker, mother, grandmother, a member of the society and so forth.

Gone are the days when a woman was just a decorative piece at home whose only duty was to cook whatever her husband provided without any questions. The modern day woman dislikes being an ornament. When there is a surge in the development of education, networking, technology, job opportunities, communications, there is an equivalent growth in a woman’s social, scientific, cultural and educational aspects too. Many a time,

women not only equal men in caliber but also surpass them.

Very often we come across parents who are insensitive to the different stages a girl dons and still consider even their adolescent daughters to be mere 5-year olds. But modern girls feel that they have acquired enough worldly exposure supplemented with arrogance that they too are equal earners.

Many nubile girls stay as spinsters, as they enjoy all securities including financial. This live-alone mass do not anticipate their future problems. Unable to live with the same vigorous determination, in a spur of the moment, a few slip in the interim, rupturing their reputation.

Women take drastic decisions today with no preparation for tomorrow. This lingering worry is alarming.

In the midst of this cultural inconsistency, Lady, how do you plan to make your residence sacred?

In this book, practical ideas and solutions are discussed in simple language. These ideas emerged from my experience in teaching some twenty thousand juveniles over a span of twenty five years and in observing almost an equal number of students. I hope this book will help in transforming women into better beings. Men can also read this book to understand how precious their women can be!!

- A. Maria Theresa (The Author)

Author's Note

*“Metamorphosis of seeds
into crops is the secret of Nature
Transformation of words into an Article
is the skill of a writer”*

I surrender my heartiest gratitude to Him, for having instigated and goaded me to think of and write on this topic. Because, on glancing at my work once again, I am awed that it was written by me.

Though a woman might pray for years together to beget a child, she cannot bear the fetus in her womb for more than 10 months. However much fondly the parents raise their daughters, the daughters cannot remain with their parents and have to leave their maternal home one day.

Most parents wish to get their daughters married to a good man and rejoice in watching her lead a happy life. As a result, 95% of the girls bask in this marital bliss. But there are many women who enter into this sacred pact and get entangled in such a way that the life being led is not appreciated either by their parents or by the society

Few end up faking their life. While a few others flee from the same. Why should one flee? If

we are true to ourselves, then there is no need to either fake or flee, correct?

Many families in recent times are stunned to a halt by women's ineptness. This book has been written based on the analysis of the reasons behind the dysfunctions in domestic life.

Poet Bharthi's vision of the modern day woman is expressed in the literary form of words in this book, "Dear Lady..! Let Your Home Be Heaven".

It is no easy feat for a woman to attain a name and respect from all in the society. She has to fine tune herself in many ways to attain such an irrefutable reputation.

With this book, I have tried to provide some pointers that would help a girl live her life without much pain and woe, thoughtfully and happily with minimal issues.

Not only are all the facts and statements in this book deeply felt, but some are first hand experiences that have been penned down for the benefit of the readers. This book will most definitely be a guide to many a woman who wish to bring peace and harmony into their lives.



Dedication

Dedicated to my mother, Mrs. Agnes.

Irrespective of the many hurdles and rough paths that life has thrown in her way in the name of domestic issues within the family, the strength with which this one woman tied her family together is the core and trigger for this book.

This 80-year old woman upheld herself as the innocent daughter, strong-willed pillar for her spouse, the strict yet loving mother, the respected and adored mother-in-law (not an easy feat at all!) and the kind and always lovable granny for her grandchildren. She has been the role model for me in every walk of life and she continues to live with us through her values and lessons that she imbibed in me. Dear Mother, this book is a dedication to everything you were for me.

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Chapter 1

Take Apt Decision



The decisions one makes have the power to completely alter the remaining part of life. Who is the deciding authority and how should the decision be taken? In an ever changing world, with constant alterations in the environment, no one can force another on any decision and neither can it be taught. There are many women in a state of perpetual suffering due to decisions taken in a fit of anger and haste. A toddler doesn't have the capability to decide, but a twenty year old girl is expected to have mastered the art of decision-making. During examinations, a student is given the freedom of choice to pick and answer any question.

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